ACTIVITIES PACK

Forest & Bird's resource kete











Forest & Bird is celebrating its 100th birthday in 2023. This means there needs to be an extra special Bird of the Year — in November, the country is going to vote for the Bird of the Century!

To make this year even more special, Forest & Bird wants to celebrate our feathery friends for a whole month – just like the Society wanted in its early days.

During November, vote for your Bird of the Century and discover more about the amazing avians that call Aotearoa home.

Seventy-five brilliant bird species are candidates in this year's competition. This includes five extinct species added to the running for the first time. All 75 contenders can be viewed on the Bird of the Year website (birdoftheyear.org.nz).

Voting for Bird of the Century will open at 9am on Monday, 30 October 2023 and run for two weeks, closing at 5pm on Sunday, 12 November 2023. The winner will be announced the following morning on Monday, 13 November 2023.

Eighty-two percent of our living native bird species are threatened or at risk of extinction. We cannot let any more end up with the tragic fate of the laughing owl or the huia. Let's join together for a month of celebrating our marvellous manu.





2

ko wai tāu ka põti | Who are you voting for?

We have about 206 native species of birds living today. They are diverse, and lots have ancient origins. Many species are endemic. They're found nowhere else in the world. Others differ from their relatives overseas because they have developed unique features. That's due to living here in Aotearoa and our isolation from other places. A number of our unusual birds have become extinct since the arrival of humans, and we have a large amount who are endangered, threatened, and rare.

ost of the activities included in this resource come from Forest & Bird's kids' conservation magazine, Wild Things, produced by our Kiwi Conservation Club | Hakuturi Toa (KCC).

KCC has been helping kids to discover, love, and care for native wildlife and wild places for more than 35 years. Membership starts at just \$24 a year, with special options for schools and groups.



Forest

& Bird

TE REO O TE TAIAO

Giving Nature a Voice

CELEBRATING

YEARS 1923-2023

Find out how you can join to benefit from our archive and our upcoming NZ nature-based content at kcc.org.nz.



EXTINCT BUT NOT FORGOTTEN



Mātuhituhi | Bush wren - a small and nearly flightless wren that once lived on all three main islands of NZ. The last North Island bird was seen in 1955, and the last South Island one in 1968. Birds were found on Big South Cape Island in 1964 and relocated to Kaimohu Island, where the last of them died in 1972.



Tutukiwi | South Island snipe - with its last refuge (Big South Cape Island) invaded by ship rats, the South Island snipe became extinct in 1964 - despite a rescue attempt mounted by the Wildlife Service. Two males were captured but died in captivity.



Piopio - often considered the native thrush, the piopio was split into North and South Island species in 2012. The last official records of these songsters come from 1902 and 1905, but reported sightings continued into the 1970s.



Whēkau | Laughing owl

- the last confirmed record of the laughing owl was a dead specimen found in Canterbury in 1914, but sight and sound records persisted into the 1930s.



Huia - it's likely the huia persisted into the 1920s. Unconfirmed but credible sightings from the Urewera Ranges even extended into the 50s and 60s.

Online bird activities

Want to test your bird knowledge or find out more about our beautiful birds? Check out the guizzes and magazines below:

Arrange birds in size order kcc.org.nz/portfolio/sequencersmallest-to-biggest-nz-birds/

How much do you know about NZ birds?

kcc.org.nz/portfolio/how-muchdo-you-know-about-new-zealandbirds/

Online magazines

Wild Things Ancient Birds issue issuu.com/forestandbird/docs/ kcc_wildthings_156_spring2022

Wild Things Feathers issue issuu.com/forestandbird/docs/ kcc wildthings 159 winter2023

Forest & Bird magazine archive paperspast.natlib.govt.nz/ periodicals/forest-and-bird/1930



Oscar has been advocating for kōkākō since he was 12. He campaigned in 2015 and 2016. In 2016, kōkākō won!



George loves pohowera | banded dotterels. He campaigned for them from 2016 to 2019. He was 13 when he started. Bandie came 4th in 2019.



Michael successfully got rowi into the BOTY competition in 2018 when he was 16. He'll be campaigning again this year.

Get ready for the competition **TIPS AND TRICKS FOR CAMPAIGNERS**

Getting involved in Bird of the Year (BOTY) is great fun, AND it's also a great way to help birds. Why? The more people we get to know and care about our brilliant birds, the more they'll want to protect them!

Oscar Thomas, George Hobson, and Michael Burton-Smith are all bird lovers and seasoned BOTY campaigners. Here are their best tips and tricks to help you to get your bird winning the competition.

Pick a bird that you geniunely love with all your heart - your number 1

Enthusiasm helps you to campaign for your bird and gets people to listen to what you have to say. Know why your bird matters to you.

Tell absolutely everyone you know to vote for your bird

Spread the word anywhere, anytime, to anyone who will listen!

Get your family, school, clubs, and local community behind you and vour bird.

Use social media (with adult support if you're under 13). See if you can get into the media (newsletters, newspapers, radio, TV) - this can really boost votes! Hatch a plan

The most essential aspect of any great campaign is planning. Start a brainstorm to plan what you're going to do, and prepare for a long two weeks of nail-biting fun!

Why banded

dotterel?

"They're floofy,

they're adorable,

they need our help!" -

George



Be a visible part of your campaign. People love it when young people get behind a bird. Use this to your advantage!

Alliances

Has your bird got something in common with other birds in the competition? With the way BOTY voting works now (where you pick five birds instead of just one), it can pay to "team up" to campaign together with others and get more votes for your birds.



Meme by South Island Kokako for Bird of the year 2022

Competitions and supporter gear

Holding competitions with prizes can be a great technique to reel in potential voters. You can ask companies to sponsor you with prizes to give away. BOTY teams have had lots of fun designing t-shirts, hats, and bags for voters to collect and wear.



Previous gear by teams Vote kokako, Vote Hoiho, and Vote Toroa







Meme by Albatross for Bird of the Year #VoteToroa

Engaging photos, graphics, and videos

Collect together high quality images and footage of your bird (make sure you have permission to use them). Use them as they are to show off your bird's best features, and remix them in fun and funny ways that will appeal to voters (like making memes).

Keep campaigning

It's very rare that your bird will win BOTY in the first year you campaign for it, especially if you've chosen one that needs more attention and more love. Keep backing your bird, and campaign for it each year. This will help build up support.





He tino māmā rawa atu ahau | I'm the lightest.

Ko rivoriro tōku ingoa | My name is grey warbler.

> Grey warblers (*Gerygone igata*) weigh just 6g. That's about the same as half a tablespoon of sugar!

WHAT DO YOU MEAN BY "SMALL"?

It helps to be specific when it comes to our manu | birds!

He tino poto rawe atu ahau | l'm the shortest.

Ko tītipounamu tāku ingoa | My name is rifleman.

Riflemen (*Acanthisitta chloris*) have very short tails. That means they can be just 7–9cm long. That's about the same as one-and-a-half golf tees!

Kei a wai | Who has it?

The smallest egg?

16mm x 12.5mm

Pī____a

OUR BBBs

BIG BEAUTIFUL BIRDS!

Can you name all these birds in English or te reo Māori?

lma

Be helpful like us...

Kākā are an important pollinator of many native NZ plants. Kererū spread the seeds of more than 70 native forest plants.



l'ma

lma

lma

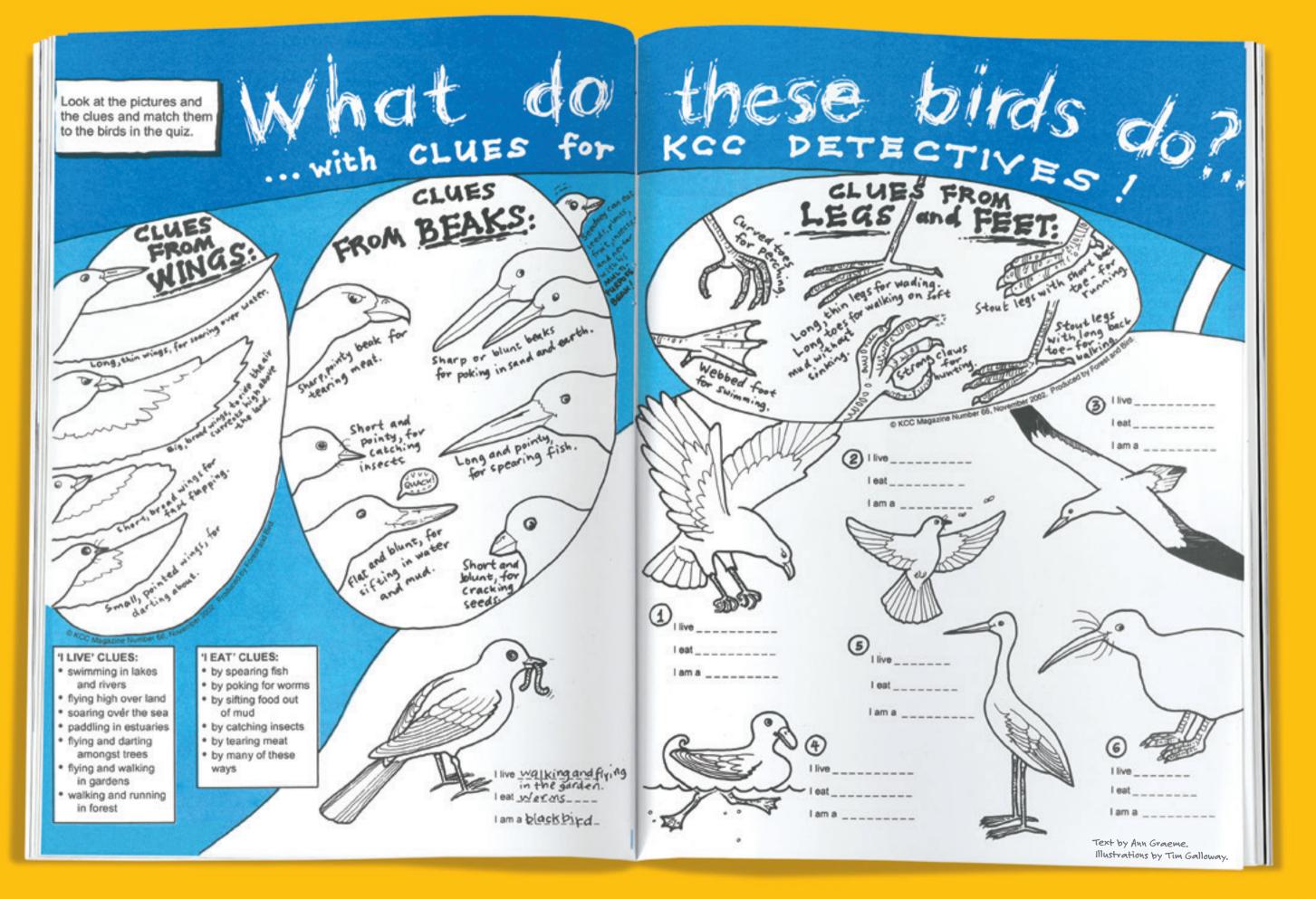
Stand out from the crowd like us...

Kākāpō are super unique in the parrot world. Big, nocturnal, flightless and lek-breeding – they certainly haven't just evolved with the flow! Kōkako from different regions in NZ have distinct ways they sing. Sometimes, even birds from the same area sing differently to one another.

l'ma

Learn like us.

Weka and kea are super inquistive. That's why they'll often make temporary collections of interesting things. They want to get a closer look at them and to learn.



DIVERSITY AND ADAPTATIONS

Which beak is best?

You will need:

- A collection of food of different shapes and sizes (eq. raisins, nuts, chocolate squares, celery, marshmallows, jelly babies, crisps, pebbles, cooked spaghetti).
- A collection of different tools and utensils to make "bird beaks" (eg, knitting needles, spoons, pencils, sticks etc)

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- Sticky tape
- Newspaper strips to build a nest

What you'll find out:

You'll learn about how different types of beaks and features of different beaks help birds eat certain types of food. Individuals or teams build a nest out of newspaper, run to the feeding place, try to pick up the food items with their artificial beaks, then return home to their nests. The team with the most food items wins.

Rules:

- 1 Make a pile of newspaper strips. Next to it, place all the food items on plates arranged in a circle about a metre
- across and about 20m from the seated groups.
- **2** Everyone tapes a "beak" to their thumb and forefinger.
- **3** When the leader calls "Go", one member from each team runs to the paper pile and brings back as much paper as possible only using their beak.
- 4 The second team member then runs for more nest material while the rest of the team tries to shape the newspaper into a nest with their beaks.
- **5** This continues until the leader is satisfied with the nest.
- 6 The team then sends one member at a time to "feed" from the circle of food items. They bring food items back to the nest.
- 7 When all the plates of food are empty, the team with the most food wins!
- 8 Discuss which beaks were better than others and why.

Waterproofing

Feathers in good condition "mesh" together a bit like raincoat fabric, with gaps too small for water to get through. To keep them in good condition, we "preen". This is when we clean and straighten up our feathers and rub a special waxy oil over them with our beaks. We get the oil from our uropygial or preen gland near our tails. Waterproof feathers mean I'm able to float and dive for food in our wild rivers.

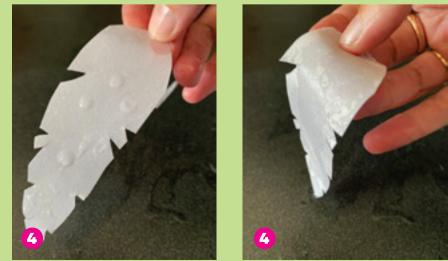
Do this fun activity to see how the oil helps...

Step 1 Cut out two paper feathers. Step 2 Rub a small amount of cooking oil onto just one of the paper feathers and let it soak in. Step 3 Use a dropper or sponge to squeeze drops of water onto the paper feathers. **Step 4** Tilt the feathers and watch what happens.



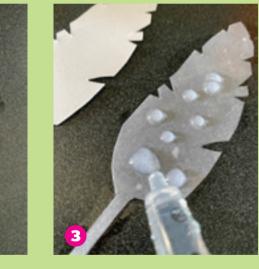
TRACE ME!

П



12





HINT: the oil keeps feathers in good condition much longer.

Forest & Bird's Lenz Reserve at Tautuku. in the Catlins, has a very special wetland... and a creature that remains an enigma.

Listen to this secretive bird's story being read on our website! kcc.org.nz

Mystery of the matuku hūrepo | Australasian bittern

By Francesca Cunninghame, Forest & Bird's Otago Projects manager



• edge plants and boggy water surrounded me. The only thing I could do to keep from sinking waist deep into the U suction mud of this Fleming Wetland was to hop from carex plant to carex plant, holding on tightly. I felt as if they had to be here, somewhere among this rarely visited wetland. With their secretive behaviour, inconspicuous plumage, and inaccessibility of habitat, it was going to be a challenge to find them even if they were here. We have been eager to know if the critically endangered matuku hūrepo | Australasian bittern is present in the area. I needed to look at previous records to get an idea of the likelihood that this species was still around - maybe I should have done this before heading into the wetland.

Out of my soggy pocket, I pulled out the old report as if it were a treasure map. In 1987, Rhys Buckingham wrote in his report Birds of the Catlins Region:

Rare and declining, not observed in the survey. These birds were formerly common in wetland habitats of the Catlins district, now they are rarely seen. None were seen on the present survey (1987) but several good reports of their presence are known: 1956 bittern present in Tahakopa. Bittern breeding in summer 1976/77, two chicks fledged and banded. 1981 becoming rare but often seen in local swampland. Tautuku Estuary in 1982 one seen "a few years ago". Tahakopa Valley one seen in 1981.

It had been 40 years since the last recorded sighting, but looking around me, in a wetland still surrounded by native forest, I felt that they *should* still be here. I could almost hear the deep low booom booom booom, the call of the creature, but it was just in my mind.

Three years ago, DOC loaned us two acoustic recorders to

monitor for sounds from the bitterns in spring/summer. One was put at the Tautuku Estuary and one at the Tahakopa Estuary. However, no records of bittern "booming" came up. Maybe we were too late in the season.

But... we were hopeful these cryptic and rarely seen birds were still around.

On a dark evening in April of 2019, everything changed. Forest & Bird members Fergus Sutherland and Gavin White were driving along the road after dark, and there, on the side of the road just before the Tautuku River bridge, was an Australasian bittern. A blurry photo was taken. This was the first record (that we know about) of a bittern in the area for several decades.

In September 2020, while returning from a day's field work, I flushed a matuku hūrepo in the lower Fleming Wetland. The bird took flight from the other side of a carex plant (2m away from me) - and flew upstream further into the wetland. This is the first record of this species inside Forest & Bird's Lenz Reserve.

Finally, in March 2021, Jill and Martin Bonny (Lenz Reserve volunteer wardens) saw an Australasian bittern while kayaking in the Tahakopa Estuary. The bird froze with its neck straight up before it flew off. A photo was taken as it flew away.

So, after a long absence of any records of this species in the area, we have obtained three confirmed records across three consecutive wetlands in the last two years. What does this mean?

Our key question now is whether they live here in our Forest & Bird Tautuku Restoration Project area or are just passing through - so we are planning more-thorough acoustic monitoring in all three wetlands. Thanks to the support from our local Forest & Bird branches and Jobs for Nature funding, we have been able to purchase our own acoustic monitors, which can detect Australasian bitterns. If they indeed live here, then we want to better protect them.

The clicking and popping of the muddy edge of the wetland was all I heard as I walked away from today's unsuccessful bittern hunt. Stay tuned for more sightings of the mysterious matuku hūrepo as we try to learn more about them in our project area.

Send your best drawing of a bittern to kcc@forestandbird.org.nz.



Ilustration of Tautuku Estuary by Fergus Sutherland



Australasian bittern. 🖸 Lauren Buchholz

TAUTUKU CATLINS





Make your own bird wings

STEP **1**&**2**: Measure your "wing span" and make the "bones" for your wings

A bird's wingspan is the distance between the tip of one wing to the tip of the other.

Stand up straight with your arms out to the side, using your body to make the letter "T". With help, measure the distance from your middle fingertip to the other fingertip - this will be your wingspan!

Cut your cardboard into long strips about 10cm wide. Tape them together to make a rectangle as long as your wingspan. Clearly mark the middle point on vour cardboard with a pen. Make arm straps to attach at the ends too.



STEP **6**: Add the first layer of converts

Use a whole page of newspaper for these feathers. Tape them on as in the picture. The converts at the ends should be on a little bit of an angle. **Convert feathers** are contour feathers that cover over the base of the flight feathers.

= middle point

You'll need:

- Tape
- Scissors
- Newspaper
- Measuring tape
- Thin cardboard (like a cereal box)
- Pen



STEP 3: Add the flight feathers

Use a whole spread of newspaper (two pages joined) for these feathers so they are long. Tape them on as in the picture. The primaries should be on a little bit of an angle.

- The primary feathers are the largest flight feathers and help the bird propel (push) through the air. If they are lost or damaged, a bird can't fly. Most birds have 10 of these feathers. Together, they are a bit like the "hand" of the wing.
- The secondary feathers go along the "arm" of the wing and help birds lift and stay up in the air.
- The **tertiary feathers** are on the "upper arm" part of the wing. They are much shorter than the others.



STEP **5: Add the second layer of** converts & the alula

Use a whole page of newspaper turned sideways for the convert feathers and a half page kept straight up and down for the alula feathers. Tape them on as in the picture.

The **alula feathers** are attached to the "thumb" of the wing. There are usually three to five feathers. They work a bit like slats on the wing of a plane, helping to get even more lift.



STEP **2:** Cut and shape the feathers.

Fringe cut each layer of newspaper, then cut the ends to make them look like feathers. Extra for experts: Curve the shape of the converts and alula feathers so your wings look more bird-like.



STEP 6: Add the scapulars

Use a quarter page turned sideways. Tape on in the middle as in the picture.

Once you've made both sides of your wings, add the scapular feathers. They cover the "shoulders" or the base of the wings.

Optional: Decorate your wings

Make them represent you with colour/s and patterns!

Send us photos of your mahi to kcc@forestandbird. org.nz

Thanks Alina, our KCC Volunteer Advisor, for being our wing model!

How do piwakawaka make their nests?

Pīwakawaka are expert weavers. They make their nests with moss, bark fibre, dried grasses, dried rotten wood, and rootlets, joined all together with spider webs!

Practice your nest-weaving skills with this activity from artist **Margaret Tolland**.

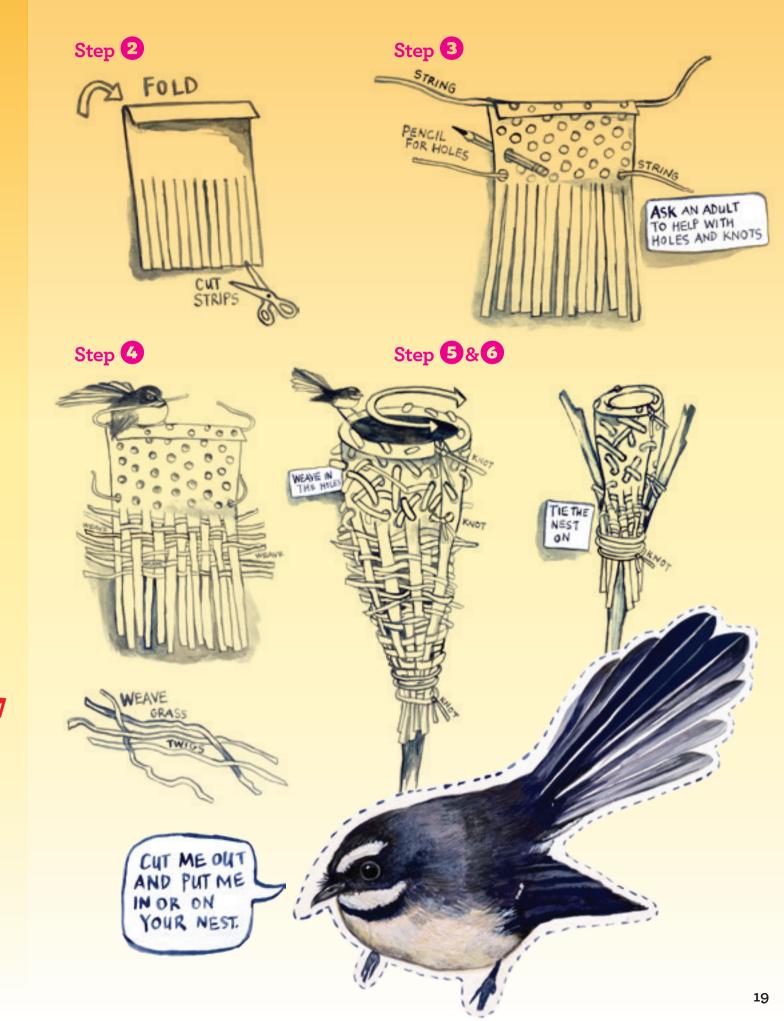


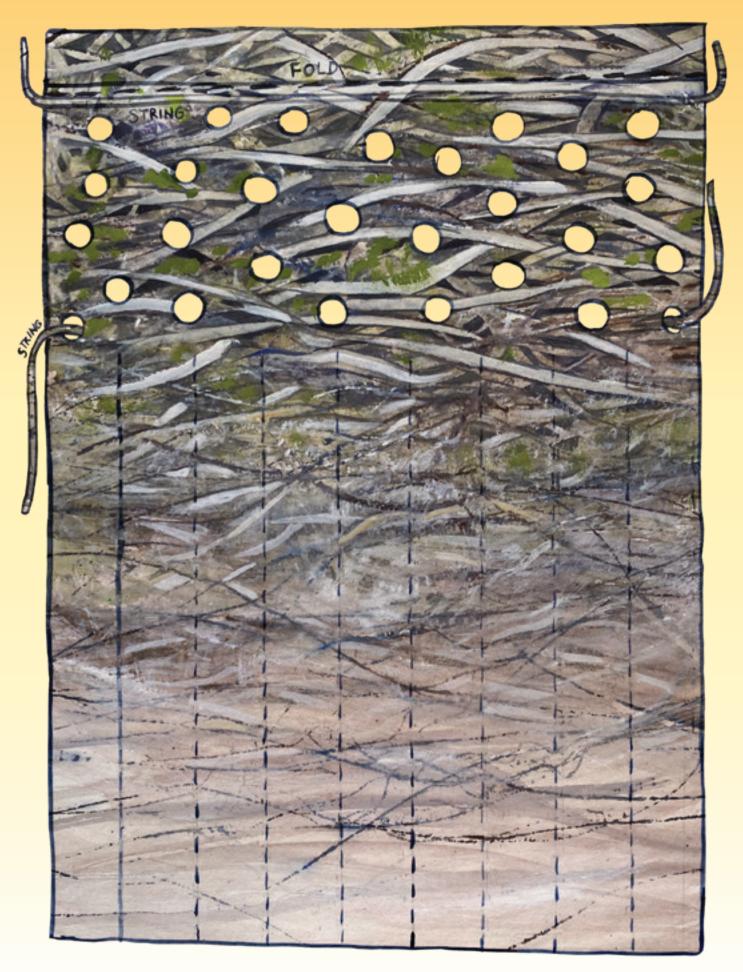


USE THE SIDE OF A CARDBOARD CEREAL BOX (FOR A STRONGER NEST), OR THE TEMPLATE OVER THE PAGE.

Other pīwakawaka nest-building facts:

- Nests are slightly smaller than a tennis ball and usually have a "tail" below the base.
- Nests are lined with materials like animal hair and tree-fern hairs.
- Nests are most often built at a branch fork, one with good leaf cover above it to help hide the nest away from view.





Stories behind stamps

As part of Forest & Bird's 100th birthday, we worked with NZ Post and the artist Rachel Walker to design four stamps that told the story of Forest & Bird. These two are the most bird-rific!

Kāpiti Island stamp \$1.70

This stamp features Kāpiti **Island** with its colourful forest birds - kōkako. tīeke, kakariki, and tūī - and is connected to the origin story of Forest & Bird.

Captain Ernest "Val" Sanderson was a founding father of modernday conservation, and Kāpiti Island was the inspiration



for his life's work. After winning a long-running battle to protect and restore the island's unique flora and fauna in 1922, Sanderson wanted to achieve the same results at scale across the rest of Aotearoa. Realising he needed more clout, he assembled a group of nature-loving volunteers and founded the Native Bird Protection Society, later Forest & Bird, in 1923. It was the first of New Zealand's modern-day conservation groups. Sanderson led the organisation for the next 22 years, working tirelessly to protect the birds and the bush. He was one of the first conservationists to raise awareness of the devastating impact that introduced deer, goats, possums, rats, cats, and stoats were having on the country's native forests and birdlife. He was also concerned about soil erosion and

for the birds who couldn't speak for themselves. This stamp also pays tribute to the legacy of "mum and dad" armies of conservation volunteers who pioneered island restoration from the 1960s onwards, helping provide vital refuges for many critically endangered species today. Forest & Bird conservation volunteers have spent years planting and eradicating pests from offshore islands.

its impact on our rivers. He spoke up to be the voice

\$3.80

This stamp features Ark in the Park, in the Waitākere Ranges. You'll see the tāiko | black petrel, and tītī | Cook's petrel flying in the background. This artwork represents the seabirds of Aotearoa, Forest & Bird's marine protection work,

Mountains to Sea stamp



and the vital connection between land and the ocean. Aotearoa is known as the seabird capital of the world.

Suggested activities

Choose one of the bird species featured on the stamps and carry out research to create a fact card, presentation, visual language piece, or creative writing to share your knowledge of the species and encourage people to care about it.

Design your own stamp featuring birds from your local region. What story is your stamp telling about the species you have chosen?

Investigate one of the elements of the text or stamps that interests you. Perhaps you want to know more about impact of pests on birds or the link between kauri and tāiko?

26 FOREST & BIRD CENTENNIAL

A VERY SPECIAL CREATIVE PROJECT

WALTER SCOTT RESERVE

MT PIRONGIA, WAIKATO

Forest & Bird teamed up with 26 writers and artists for an exciting project to mark its 100th birthday. These creative people visited 13 of Forest & Bird's 120 conservation projects around the country. The locations showcase a variety of habitats, species, and interesting natural features.

Each writer created an original centena, and each artist created an original artwork. You can read and see the pieces on the Forest & Bird website.

Here are two of the creations.



<mark>ARTIST</mark> Dannika Tukua



GOING WITHOUT

So much change.

That noise is a drone herding sheep without dogs.

Those collars corral cows obeying GPS signals without fences.

But this bushy slope on the mountain's shoulder thrives without technology.

These 100 acres hum with silence, glow with green, smell of loam and leaf fall and showcase tender baby ferns that draw circles in the air.

No whizzy gadgets here.

But only one pīwakawaka speaks up, one kererū lumbers by, one distant tūī calls.

Shouldn't there be more?

Just as well kind people mindfully tend this place, for without their care there will be

Oh, so much change.



writer Lindsey Dawson Ngahere kõrero. MEDIUM: Acrylic paint and pen.

Centena challenge

A centena is a poem of exactly 100 words that must start and finish with the same three words. Can you research one of the animals or plants from the centena or picture and create your own centena about them?

What's the story challenge?

Using the artwork as inspiration, create a play that tells the story of what you think the birds are saying to each other.

Plan a trip challenge

The centena and artwork were created after visiting the Walter Scott Reserve in Waikato. Can you plan a trip for your family to visit this amazing place? You need to describe:

- Where it's located and how you will get there
- Where you will stay
- What the environment is like and how that might influence what you take with you
- What animals and plants you may see.